



# E-Safety Newsletter

March 2024

## Internet Safety Day 2024

### *Inspiring Change?*

Pupils enjoyed taking part in activities to promote safer internet day on 6<sup>th</sup> February 2024.

The theme was "Inspiring change?" Making a difference, managing influence and navigating change online.

We will be continuing with this theme and exploring respect and relationships online over the coming months and look forward to more internet safety talks throughout the year.



## What is Whatsapp?

WhatsApp is a social messaging app from Meta that is used by over 2.7 billion people every month. It lets users message others via their mobile network, Wifi network or, via WhatsApp Web, their broadband network. Users can send text, voice and video messages, make voice and video calls and share information and documents.

### What is WhatsApp Web?

WhatsApp Web lets users connect their mobile to a web browser. If your child is not allowed to use their mobile, they might instead connect to the web app to continue messaging friends. However, they will need their smartphone to connect.

### How it works

WhatsApp let users send messages and content to contacts added to their account. To use the service in the UK, users must be 16-years-old or older (or 13+ if signing up from 16 February 2024).

Only people who have a WhatsApp account can send and receive messages through the app or WhatsApp Web. However, depending on your child's privacy settings, anyone can contact them or add them to group chats.

### 5 Tips to keep children safe on Whatsapp

1. Review Privacy Settings
2. Customise Contacts
3. Talk about personal Information
4. Show them where to get support
5. Check in regularly



For more information:

<https://www.internetmatters.org/resources/whatsapp-safety-a-how-to-guide-for-parents/>

## Useful Information – Age Restrictions on popular games and Apps

- Snapchat – Age 13+
- Whatsapp – Age 16+
- Roblox – Age 12+
- TikTok – Age 13+

- Among Us – Age 10 +
- Minecraft – Age 7+
- Instagram – Age 13+
- Facebook – Age 13+



## Being Kind Online

Is your child online? Then it's important that we talk to our child about being kind online, for example only posting positive comments, don't say anything they wouldn't say in real life and treat others as they would expect to be treated.



BBC Own It have curated a collection of videos, quizzes, and tips to help make the web a kinder place:  
<https://www.bbc.com/ownit/curations/being-kind-online>

Further Information;

[https://www.childline.org.uk/info-advice/bullying-abuse-safety/online mobile-safety/feeling-good-on-social-media/](https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/feeling-good-on-social-media/)

## Internet Safety Day 2024



P1-P7 took part in Internet Safety Day and enjoyed learning about the importance of being safe online. Have a look at some of the fantastic internet Safety posters created by P3. P7 explored the use of Artificial Intelligence (AI) and both its benefits and dangers online.

